



**PRESIDENT**  
Carol Benson

**SECRETARY**  
Richard Blakeman

**TREASURER**  
Trevor Mackey

[www.glenferrierotary.org.au](http://www.glenferrierotary.org.au)  
[secretary@glenferrierotary.org.au](mailto:secretary@glenferrierotary.org.au)

**EDITOR**  
Cheryl Pisterman  
Please forward copy for the bulletin  
as a Word doc to  
[bulletin@glenferrierotary.org.au](mailto:bulletin@glenferrierotary.org.au)

**MEETINGS**  
Tuesdays 6pm for 6.30pm  
Kooyong Lawn Tennis Club  
489 Glenferrie Road  
Kooyong Vic 3144  
Melways Map Ref 59 C3

Bookings Richard Blakeman  
[secretary@glenferrierotary.org.au](mailto:secretary@glenferrierotary.org.au)

Contact Bob Carey for all attendance  
matters by midday  
Friday prior to the Tuesday meeting  
[attendance@glenferrierotary.org.au](mailto:attendance@glenferrierotary.org.au)

If you do not attend a meeting and  
have not informed Bob of your  
absence by mid-day of the previous  
Friday, you will be obliged to pay  
for the meal. If you wish to bring  
a partner, visitor or guest, please  
inform Bob no later than midday of  
the previous Friday.

## PRESIDENT'S MESSAGE 13 September 2016

A small group of members (18) attended on Tuesday to hear John McMorro inform us about Australian Rotary Health and the funds they are able to distribute for mental health research in Australia ñ second only to the Federal Government contribution.

At our Board meeting on Tuesday the way forward for club was discussed. We are seeing regularly low attendances at the weekly meeting, falling membership, the need for new projects and the difficulty Charles often has in finding enough volunteers. It was recommended that to ensure all members are involved in the future direction of the club and all opinions are considered, a club forum will be held (maybe over a few weeks, not just at one meeting) in the near future. Format and times will be advised shortly.

The Board also endorsed the Public Relations Strategy which Keith has now distributed to you all. How we communicate is one of the essential keys to our drive for new members.

At next week's meeting we will be addressed by Phil Storer, CEO at City of Boroondara.

I hope you can all make it to the Farmers' Market on Saturday which will include the Sustainability Living Festival and Stroke Awareness.

Have a good week.

Yours in Rotary

Carol

## DUTIES

Date	Set up /Down	Cashiers	Welcome
20 September	Peter Harries	Bob Carey, Norm Fary	John Suriano
04 October	Teresa Liu	Jeremy Romanes, Bob Scott	Ian Willmott
11 October	Rob Winspear	Cheryl Pisterman, Helena Wimpole	Mike Berry
18 October	Robert Hogan	Hugh Bowers, Keith Duncan	Chamil Fernando
25 October	Cheryl Pisterman	Newton Langford, Don Moore	Trevor Mackey

If you have not performed a duty before, please ask an experienced member to show what needs to be done.

**If unable to do your duty, please swap with another member and inform the Bulletin Editor, Cheryl Pisterman and John Suriano (rosterer).**

**If there is a major error above, please let us both know.**

## PROGRAM

DATE	SPEAKER	TOPIC	CHAIR
20 September	Phillip Storer	CEO City of Boroondara	Robert Hogan
27 September	Gillian Hibbins	AFL Grand Final Week function	Beehive Hotel
04 October	Chamil Fernando	Rotarian behind the badge	Ian Willmott
11 October	Carolyn Ingvarson	Lighter Footprints:Climate	Wayne Worlidge
18 October	Special Presentation - Honorary Members		John Hudson

**Remember: Partners and friends are always welcome to join us!!**



ROTARY  
SERVING  
HUMANITY



## BREAD RUN ROSTER

DATE	PERSON 1	PERSON 2
15 September	Ian Salek	Janie Pirret
22 September	Charles Tran	Hugh Bowers
29 September	Charles Tran	Lyn Spencer

**If you are unable to do your duty, please arrange a replacement and let Charles Tran know.**

## National Stroke Week 2016

National Stroke Week is 12-18 September. This year we want Australian's to understand the impact time has on a stroke. A speedy reaction not only influences the treatment path for a person having a stroke but also their recovery. Most treatments for stroke are time sensitive so it is important we **THINK FAST AND ACT FAST.**

The Community Service Team is setting up a Stroke Awareness tent this week end, Saturday the 17<sup>th</sup> of September at the Farmers Market at Patterson Reserve in Hawthorn East (Auburn Road). The tent will have some medical professionals and Rotarians to assist members of the public to have a quick health check and provide some tips to maintain a healthy lifestyle and importantly to promote the awareness of the illness.

Taking part in the awareness week is a great chance to engage in a fun way to engage the community of Boroondara.



### SPEED SAVES



## POPULAR PIANO CLASSICS

### Kogosowski and Friends

St. John's Uniting Church  
567 Glenhuntly Road  
Elsternwick

## Sunday 25th Sept at 3pm

Adults \$25 Concessions \$20  
Students \$15  
Phone: 9570 1954

Presented by Rotary Caulfield

# Wear a Hat

donate and help Rotary to

## Lift the Lid on mental illness

on Friday 7th October

**Support Mental Illness Prevention Research**

On Line  
[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)

In person  
at any branch of the National Australia Bank  
or through your local Rotary Club

Provided supported by the Herald Sun

& Radio 3AW

## LAST WEEK'S SPEAKER - JOHN MCMORROW

### AUSTRALIAN ROTARY HEALTH - CREATING BETTER HEALTH FOR ALL AUSTRALIANS

Australian Rotary Health (ARH) was the theme for last Tuesday's meeting. John McMorrow was the guest speaker. It was a pity that so few of our members were present to hear this very interesting talk.

Since its inception, ARH has raised more than \$33M towards the medical research. It is one of the largest independent funders of mental health research within Australia.

ARH also provides funding into a broad range of general health areas, provides scholarships for rural medical and nursing students, as well as Indigenous health students. Australian Rotary Health provides funding into areas of health that do not readily attract funding, and promotes findings to the community. Examples are:

- \* Rural Nursing Scholarships \$12,500.00
- \* Rural Medical Scholarships \$5000.00
- \* Indigenous Health Scholarship \$2500.00
- \* Research Companion PhD \$100,000.00

Australian Rotary Health is a project of the Rotary Districts of Australia and is supported by Rotary Clubs. ARH has a broad vision to improve the health and wellbeing of all Australians.

Through the generous support of Rotarians, Rotary Clubs, Rotary Districts, individual, commercial and government supporters, Australian Rotary Health has funded over \$33 million of research since its establishment in 1981.

Since the year 2000, ARH has focused its funding on mental health research. In 2012 this focus narrowed to the mental health of young Australians, and in 2013 research projects focussing on the prevention of mental health disorders were included.

There are three ways ARH funds mental health research:

- \* Mental Health research Grants
- \* Ian Scott PhD Scholarships
- \* Postdoctoral Fellowships.

Finally, Rotary Clubs of Victoria have partnered with Australian Rotary Health in support of the 'Lift The Lid' campaign, which aims to raise funds to significantly increase research into mental illness prevention.

The Rotary Club of Glenferrie is proud to support the work of Australian Rotary Health through an annual contribution, made on behalf of guest speakers at club dinner meetings. Each guest speaker is presented with a Certificate of Appreciation explaining that a \$100 donation will be made to ARH on their behalf, as an expression of thanks and in the Rotary spirit of giving. Private donations can also be made directly via the ARH website: <https://australianrotaryhealth.org.au/donations/donate-now/>

A full copy of John's presentation can be found on the club website.

Thank you John for a very informative evening into one of Rotary's great achievements.

John Suriano, Chairman





**GRAND FINAL WEEK SOCIAL EVENING**

**A PIE NIGHT**

**AT THE BEEHIVE HOTEL**

**SHOW YOUR TRUE COLOURS!!!**

**Room - Bistro**

**Time - 6.30pm**

**Cost \$35**, drinks at bar prices. Dessert plus tea and coffee at own expense.

**Speaker - Gillian Hibbins**

**RSVP: 20 September 2016**

**Prepayment preferred to: Bendigo Bank BSB 633000 Acc. 144713757 (Reference Name and Beehive) or pay at a meeting up to 20th**

**Partners and Guests Welcome**



**WE'RE  
IN TOWN**

Roll up your sleeves  
and give blood



**Camberwell Mobile Donor Centre**

Camberwell Civic Precinct - Parkview Room  
Inglesby Road, Camberwell 3124

**Appointments available:**

<b>Tuesday 27 September</b>	12.00 pm – 7.30 pm
<b>Wednesday 28 September</b>	2.00 pm – 7.30 pm
<b>Thursday 29 September</b>	12.00 pm – 7.30 pm
<b>Friday 30 September</b>	9.00 am – 3.00 pm

**Make an appointment today.**

Call 13 14 95 or visit  
[donateblood.com.au](http://donateblood.com.au)

